

Sumner Mental Health Center is now offering

Parenting the Love & Logic Way

A 6-week course to create happy families and responsible kids!

Through this program, you will learn techniques that:

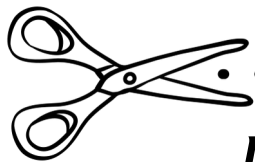
- Are simple and easy to learn
- Teach responsibility and character
- Lower your stress level
- Have immediate and positive effects
- Up the odds that, when the teenage years arrive, parenting can remain fun instead of frantic



This will be a six-session class, starting on Feb. 2nd, 2026 and ending March 16th, 2026 (no class on Presidents Day), from 4pm-5:30pm.

Register by January 12th for free admission.

After Jan. 12th, cost is \$30 for non-clients.



Please register me for the Love & Logic parenting class!

Name: _____ **Phone:** _____

Email: _____

Return registration to receptionist.

For more information & cost, please call the Center at: 620-326-7448.